

Medical Tourism in **SARAWAK**



SARAWAK TOURISM BOARD
www.sarawaktourism.com



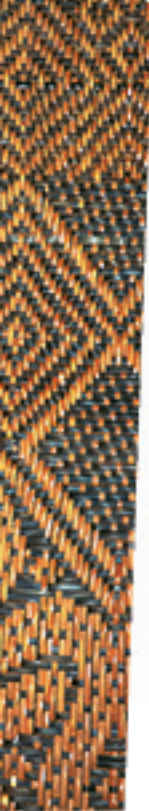
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Sarawak
More to Discover



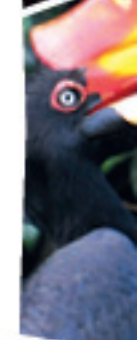
Sarawak

Sarawak is the largest state in Malaysia, stretching some 800 km along the northwest coast of Borneo, the world's third largest island. A beautiful land coloured by peace, tradition and unmatched biodiversity, it is a prime destination for discerning travellers seeking vibrant culture, exhilarating adventure and breath-taking nature.

You can share in the lifestyle of an upriver longhouse, follow in the footsteps of a dynasty of White Rajahs, explore gigantic caves in the heart of the Borneo rainforest, or paddle through jungle streams in search of elusive wild orangutans, to mention just a few possibilities. Whatever your choice, you will leave Sarawak with memories to last a lifetime.

Whether you stay in a luxurious resort, an award winning boutique hotel, a heritage homestay or a simple jungle camp, you will be cared for with genuine warmth and sincerity. The people of Sarawak are equally at home in the past and the present, taking the same pride in their traditions of hospitality as they do in their modern infrastructure and seamless connectivity.

Revealing a side of Asia unlike anywhere else, Sarawak is a place for people seeking authentic and engaging experiences rather than tourist-trap clichés. And most importantly, it's a safe, peaceful and friendly place to visit, for large groups and solo travellers alike. Make Sarawak your next destination, as the highlight of your visit to Southeast Asia, or as a journey of discovery all on its own.



Medical Tourism in S A R A W A K

MEDICAL TOURISM IN MALAYSIA

Malaysia is ranked as one of the world's leading medical tourism destinations, for many excellent reasons.

Medical tourism is promoted and regulated by the government, providing visiting patients with assurance of quality, safety standards and regulations within the industry.

Costs are often just a fraction of those in the USA, Europe, Japan and other high-income locations, while standards of care are among the best in the world.

The language of the Malaysian healthcare industry is English, so communication between patients and healthcare professionals is effortless. And of course Malaysia is a wonderful place to recover and recuperate.



Therefore Malaysia is the ideal choice for patients who are looking to:

- Make significant savings on all kinds of medical and surgical procedures.
- Receive innovative and expensive treatments that are not easily available or affordable in their home country.
- Recuperate in a warm tropical climate within a spectacular natural environment.
- Combine medical or surgical procedures with the holiday of a lifetime.

Medical Tourism In Sarawak

The decision to have medical treatment in Malaysia is an easy one. Choosing where to have that treatment is not quite so easy, given the wide choice of hospitals and locations. If you want your patient experience and your visitor experience to be equally unique and as enjoyable as possible, you might just want to choose Sarawak.



Sarawak, in northwest Borneo, is the largest state in Malaysia and also the most ethnically and culturally diverse. It has more national parks and wildlife reserves than the rest of Malaysia combined and an amazing variety of unique plant and animal life. It is home to almost 30 different ethnic groups, each with their own distinct culture and traditions, and hospitality to visitors is a way of life.

We like to describe our home as “Sarawak, More to Discover”, but we could just as easily say “Sarawak, Where Relaxation Is Taken Seriously”. If you plan on having an active recovery, you can recuperate while encountering orangutans and proboscis monkeys and enjoying upriver longhouse hospitality. If you need to take it a little easier, you can regain your strength with some of the finest regional cuisine in Southeast Asia, or relax on a palm-fringed beach.

Sarawak’s Key Advantages

Ease of Access: Sarawak has excellent international air links, mainly via frequent flights to Kuala Lumpur and Singapore, as well as direct air connections to Shenzhen (China) and Pontianak (Indonesia). Visitors from most countries can stay for 90 days without a visa, and visa extensions are easily obtained at minimal cost for people and their families receiving medical treatment.

Personal Care: Sarawak’s private hospitals are relatively small by international standards. That means that you will generally be treated by the same care team throughout your stay, under the direction of your chosen specialist consultant.



Ease of Communication: Sarawak is well known for the high standard of English spoken in everyday use, so just imagine how well our highly-trained healthcare professionals are able to communicate with their international patients.

Halal Certification: Every hospital in Malaysia is required to main strict halal standards in every aspect of its operations.

No Hidden Costs: All charges are regulated under the Healthcare Facilities and Services Act 1998 and the Private Healthcare Facilities and Services Regulations 2006.

Low Cost Of Accommodation: Sarawak has some of the most competitive hotel prices in the region and hotel categories to suit every budget. You can even opt for a village homestay if your condition allows it. This is important to remember if you are planning a longer stay or family members are accompanying you.

Warm Tropical Climate: Our warm weather can significantly aid recovery time and your sense of overall well being after medical or surgical procedures.

Personal Safety: Sarawak has a low crime rate, and violent crime is very rare indeed. This is important to consider if you will be using a walking aid or are otherwise incapacitated yet still want to see the sights.

Friendly, Hospitable People: Sarawakians are warm and welcoming to visitors, and will always make an extra effort to make medical tourists feel at home.

Unique Travel Experience: Sarawak offers the very best of Borneo in a single destination. There is plenty for your family members to do while you are receiving treatment or rehabilitation. Can you imagine a better place to spend your time recovering?



Our Hospitals – Kuching

Kuching, the capital of Sarawak, is simply unique. The former seat of the Brooke Rajahs, whose legacy can be seen in the well-preserved city centre, it is vibrantly multicultural and packed with exciting things to do, amazing street food and some of the best museums in Southeast Asia. It's also the gateway to Southwest Sarawak, with sun-kissed beaches, world-class national parks, orangutan rehabilitation centres and Iban and Bidayuh longhouses all within easy reach. Kuching is the perfect choice whether you prefer an active recovery or prefer to take it slow and easy.

Borneo Medical Centre



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Malaysian Healthcare Travel Council Member

Kuching's newest private hospital, Borneo Medical Centre is an 80 bed, tertiary level private medical centre. It is equipped with modern medical and diagnostic technology, as well as a talented and dynamic team of healthcare professionals covering a wide range of medical and surgical specialities. It is approximately 15 minutes from Kuching International Airport and 10 minutes from Kuching City Centre. Budget hotels and shopping and dining facilities are located within easy walking distance.

Specialities: Accident & Emergency; Anaesthesia & Critical care; Anatomic Pathology; Cardiac Surgery; Cardiology (including Paediatric); Dental; Ear, Nose & Throat; Dermatology; Endocrinology; Gastroenterology; General, Laparoscopic, Colorectal & Hepatobiliary Surgery; Haematology; Internal Medicine; Nephrology; Neurology; Neurosurgery; Nuclear Medicine & PET/CT; Obstetrics & Gynaecology; Oncology; Ophthalmology & Lasik Surgery; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Plastic Surgery; Psychiatry; Radiology; Respiratory Medicine; Rheumatology; Urology & Men's Health; Vascular & Endovascular Surgery.

KPJ Kuching Specialist Hospital



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kcs@kcs.kpjhealth.com.my
www.kpjkuiching.com

Kuching Specialist Hospital is operated by KPJ Healthcare Bhd, the largest healthcare group in

Malaysia and Southeast Asia. It offers a wide range of medical and surgical specialities through its in-house consultants and visiting consultants from other KPJ Group hospitals. It is approximately 15 minutes from Kuching International Airport and 25 minutes from Kuching City Centre. Budget hotels and shopping and dining facilities are located within easy walking distance.

Specialities: Accident & Emergency; Anaesthesia & Critical care; Audiology; Cardiology (including Pediatric); Cardiothoracic Surgery; Dental (Restorative & Endodontic); Ear, Nose & Throat; Dermatology & Allergy; Endocrinology; Gastroenterology; General, Laparoscopic, Colorectal & Hepatobiliary Surgery; Gynaecology; Infectious Diseases; Internal Medicine; Nephrology; Neurology; Neurosurgery; Nuclear Medicine & CT; Obstetrics & Gynaecology; Oncology; Ophthalmology; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Pathology; Plastic & Reconstructive Surgery; Psychiatry; Radiology & Diagnostic Imaging; Respiratory Medicine; Sleep Disorders; Sports Medicine & Surgery; Urology & Men's Health; Vascular & Endovascular Surgery.

Normah Medical Specialist Centre



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Malaysian Healthcare Travel Council Member;
Malaysian Society For Quality In Health (MSQH)
Certification; Joint Commission International (JCI)
Certification.

Normah Medical Specialist Centre is a not-for-profit hospital owned by the Government of Sarawak. It was opened in 1988 and had been continuously developed, upgraded and expanded to offer world-class standards of treatment and patient safety across a comprehensive range of medical and surgical specialities. It is approximately 35 minutes from Kuching International Airport and 15 minutes from Kuching City Centre.

Specialities: Accident & Emergency; Anaesthesia & Critical care; Cardiology; Cardiothoracic Surgery; Dental; Ear, Nose & Throat; Gastroenterology; General, Laparoscopic, Colorectal & Hepatobiliary Surgery; Haematology; Internal Medicine; Nephrology; Neurology; Occupational Health; Obstetrics & Gynaecology; Oncology; Ophthalmology; Oral & Maxillofacial Surgery; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Pathology; Psychiatry; Radiology & Diagnostic Imaging; Respiratory Medicine; Rheumatology; Urology & Men's Health.

Timberland Medical Centre



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Malaysian Healthcare Travel Council Member

Timberland Medical Centre is a private hospital that has been in operation since 1994. It has over 50 highly qualified consultants covering a wide range of medical and surgical disciplines. It is approximately 10 minutes from Kuching International Airport and

15 minutes from Kuching City Centre. Budget hotels and shopping and dining facilities are located within easy walking distance.

Specialities: Accident & Emergency; Anaesthesia & Critical care; Cardiology; Ear, Nose & Throat; Dermatology; Endocrinology; Gastroenterology; General, Laparoscopic, Colorectal & Hepatobiliary Surgery; Geriatrics; Haematology; Internal Medicine; Nephrology; Neurology; Neurosurgery; Nuclear medicine & MRI/CT; Obstetrics & Gynaecology; Oncology; Ophthalmology & Lasik Surgery; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Pathology; Plastic & Reconstructive Surgery; Psychiatry; Radiology & Diagnostic Imaging; Respiratory Medicine; Rheumatology; Sports Medicine & Surgery; Urology & Men's Health.

Our Hospitals – Miri

Miri, Sarawak's Resort City, is the gateway to Northwest Sarawak. It's a great choice if you plan to combine your treatment with visits to the giant caves of Gunung Mulu National Park (a UNESCO World Heritage Site), dine on the freshest seafood, visit the remote Kelabit Highlands, explore neighbouring Brunei or just relax and take it easy in your beachfront hotel.

Columbia Asia Hospital Miri



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+6085 437 755
customer care.miri@columbiaasia.com
www.columbiaasia.com/malaysia/hospitals/miri/overview

Columbia Asia Hospital Miri was the first Columbia Asia hospital in Malaysia, and was established to cater to petroleum industry employees in Sarawak. It is located directly in Miri City Centre, 20 minutes from Miri International Airport. International class hotels, budget hotels and shopping and dining facilities are located within easy walking distance.

Specialities: Accident & Emergency; Anaesthesia & Critical care; Cardiology (including Paediatric); Dermatology; Ear, Nose & Throat; General Surgery; Internal Medicine; Nuclear medicine & MRI/CT; Obstetrics & Gynaecology; Ophthalmology & Oculoplastic Surgery; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Pathology; Plastic & Reconstructive Surgery; Psychiatry; Radiology & Diagnostic Imaging; Urology & Men's Health.

Our Hospitals – Sibü

Sibu is the gateway to Central Sarawak and the mighty Rejang, Malaysia's largest river system. It's also a foodie's paradise. This is the place to go if you plan to follow your treatment by exploring upriver Iban longhouses or the sleepy Melanau fishing villages along the central coastline.

Rejang Specialist Hospital



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Rejang Specialist Hospital is a small (49 bed) hospital serving Central Sarawak. It has 12 resident specialists and a further 10 visiting specialists

covering all the core medical and surgical specialities. It is located 10 minutes from Sibu Town Centre and 30 minutes from Sibu Airport. Business class hotels, budget hotels and shopping and dining facilities are located within easy walking distance.

Specialities: Anaesthesia & Critical care; Cardiology; Dermatology; Ear, Nose & Throat; Endocrinology; General Surgery; Internal Medicine; Obstetrics & Gynaecology; Ophthalmology; Orthopaedic, Spine & Arthroplasty Surgery; Paediatrics; Radiology & Diagnostic Imaging; Respiratory Medicine; Urology & Men's Health.

Further Information

For more information on Sarawak as a travel destination, please visit our website, www.sarawaktourism.com.

For more information on medical tourism in Malaysia, please visit the Malaysian healthcare Tourism Council's website, www.medicaltourism.com.my.

Disclaimer

While we firmly believe that Sarawak offers first class private healthcare, the Sarawak Tourism Board takes no responsibility for any potential risks or consequences related to receiving medical treatment in Sarawak.

TRAVEL NOTE