

Mulu 60 Million Years in The Making

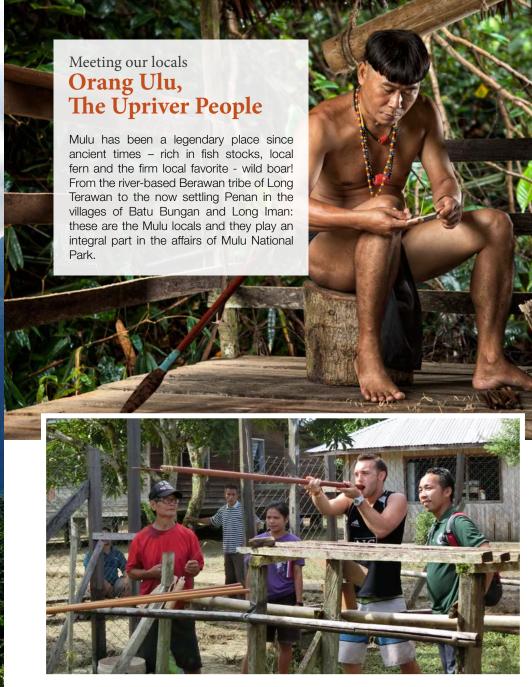
The story of Mulu started so long ago, in a time span that is difficult for us humans to grasp - 40 million years ago - and to make it even more intriguing, the Mulu story began deep under the sea.

The mystery and magic of Borneo has lured the cream of the scientific world since it was first discovered. In 1978, the Royal Geographical Society launched probably one of the biggest multi- disciplinary expeditions ever to Mulu. Prior to this, the Sarawak Government recognizing the special qualities of Mulu, had gone on to gazette it a National Park in 1974. The magic caught on in 2000, and Mulu was declared an iconic World Heritage Area, at 55,000 hectares, the biggest National Park in Sarawak.

The stories of the **sandstone** summit of Mulu peak are even older – **60 million years old**. The massive limestone formation, formed deep under the sea, was uplifted to form the landscapes of Mulu, of which the peaks of Api, Benarat and Buda are so prominent. But let's start with the limestone that is responsible for the special World Heritage honors—gigantic caves!

Limestone is dissolved by water, of which there is no shortage of in a rainforest, and as a result, Mulu boasts some of the largest caves in the world.

Mulu qualifies for all *four* of the World Heritage criteria. Fewer than twenty World Heritage areas could manage this feat and these are what they mean for tourism: *Superlative beauty* - mountains, combined with huge river systems, a tropical rainforest and huge caves. The *earth's history* and geo features are evident in the gigantic caves and the Pinnacles. Appreciate the *biodiversity* and *ecological* processes when you do adventure trekking or just stroll along the botany trail.



These villages are also made accessible for tourists to visit, specifically to enjoy the local handicraft market and of course to try their hand at the weapon of choice – the blowpipe! The workforce of the Park consists of 96% locals and all are proud Sarawakians.





The range of activities is extensive and would suit the laid back explorer to the hard core adventurer. High risk adventure are packaged as ascending Mulu Summit or the limestone Pinnacles. Real wild cave exploring from an advanced level (Sarawak Chamber and Clearwater Connection) to medium and entry level, are available. Plenty of self-guided walks are possible in the park, scaling a bird watching tower or just a sunset cruise downriver on a local longboat. The grand spectacle of 3 millions bats flying out of Deer Cave is a must, a world class experience that is open to all.

Visitors need to book well in advance for activities and to allow enough time in Mulu, to make the visit a lasting experience.









SOUTH EAST ASIA REGION



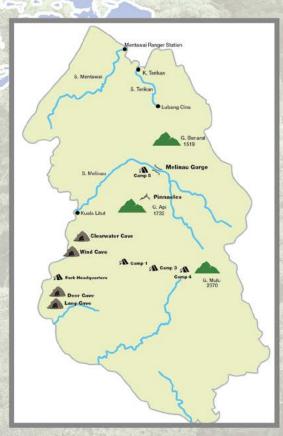


Getting There

There is simply no better 'sense-ofplace' feeling, flying over the lush forest into Mulu's Airport. This is a dead giveaway to reveal the remoteness and true wilderness isolation of Mulu Park.

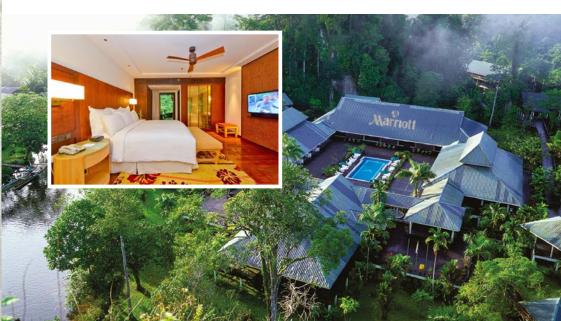
MASwings flights are available twice daily from Miri, daily from Kuching and three times weekly to and from Kota Kinabalu.

For the real adventurers (or romantics), access into the Park via the famous Headhunters Trail (starting from Limbang) is possible. The trail passes by the iconic landmark of the Pinnacles and the remote Camp 5 enroute to the Mulu Park Headquarters.



Where To Stay

Mulu Park offers a variety of basic accommodation, with a variety of pricing to suit all. The dormitory provides the most basic, whilst the Rainforest Lodge could be perceived as the 'top end'. Also available are the comfortable Longhouse rooms and family orientated Bungalows. All park accommodation includes breakfast. There are basic private accommodation offered outside the park boundary. Should you really want to have an unparalleled accommodation experience, the Mulu Marriott Resort & Spa is only a stone-throw away.





Tips

Mulu is an isolated wilderness experience, come prepared with rain gear, sturdy footwear, personal medical kit and a torch. Cash is essential – there are no banks. The rainforest microclimate is unpredictable and often results in delayed flights or activities having to be cancelled, for safety sake.

Our adventure activities are high risk in nature and medical assistance is limited – please adhere to the expertise of our guides. As a world heritage icon, Mulu attempts to raise an awareness to understand the significance and details of the Park. Thus, a Park guide plays a vital role in this information exchange and your safety.

A good resource is Mulu Park website - www.mulupark.com



 5^{th} - 7^{th} Floor, Bangunan Yayasan Sarawak, Jalan Masjid, 93400 Kuching Sarawak. MALAYSIA

Tel +6082-423600 **Fax** +6082-416700

Email stb@sarawaktourism.com

Website www.sarawaktourism.com Facebook www.facebook.com/visitsarawak Twitter www.twitter.com/sarawaktravel Instagram www.instagram.com/sarawaktravel Youtube www.youtube.com/sarawaktourismbcm





Text by Borsamulu Sdn. Bhd.

Photo credit: Mulu World Heritage Area archive, Sue Clark (Clearwater cave and river), Alison Pritchard (Local Community), Louis Koh (Bungalow) and Aisling Usun Bagly (Bat).