IMPORTANT CONTACTS

Emergency 999 - Police/Ambulance/Fire Station

Betong Division Resident Office Betong Division Tel: 083-472719 Fax: 083-472966

Betong District Office Tel: 083-472204 Fax: 083-472504

Betong District Council Tel : 083-472701 Fax : 083-472192

Kabong Kabong District Office Tel: 083-411267 Fax: 083-411670

Pusa Pusa District Office Tel: 083-465130 Fax: 083-465441

Saratok Saratok District Office: Tel: 083-436103 Fax: 083-436833

Saratok District Council: Tel: 083-436104 Fax: 083-436511

ACCOMMODATION

Accommodation in Betong Division consists of hotels, budget inns and homestays. The following is a selection of the more established properties:

Hotel, Homestay & Resort	Contact No.	
Medan Hotel, Betong	471919	
Betong Plaza Hotel	472898	
Kok Thai Hotel, Betong	472246	
Loxing Hotel, Betong	472008	
My Homestay Medan Betong	472882 / 0146955559	
Ambassador Hotel, Saratok	436140	
Evergreen Hotel, Saratok	437039	
Golden City Hotel, Saratok	436139	
Popular Inn Hotel, Saratok	436699	
Victoria Hotel, Saratok	437686	
Villa Inn, Saratok	437699	
Saratok Hotel	436192	
Hoover Hotel, Saratok	436136	
D Akasyah Homestay Kabong	6010-6680535/010- 6690535	
Homestay Kabong	013-2283710	
Inap Desa KK Halid Kabong	013-5666618	
Kampung Maludam Homestay	013 562 3078	
Bukit Saban Tropical Resort	480145	
Tanjung Kembang Resort		

TRANSPORTATION

From Kuching to Betong Borneo Bus (2pm daily) RM35:

Tel: 531312.

Van RM40 Contact:

Usit, 019 868 5928

Tang, Tel: 8290687.









Betong Administrative Division

Ministry of Tourism, Arts, Culture, Youth & Sports Sarawak



SARAWAK DIVISIONAL BROCHURE BETONG



EATING OUT



Betong New Townshi

Like most towns in Sarawak, Betong has its share of old Chinese coffee shops known as kopi tiam with their dependable staple of morning coffee, toast (roti bakar), half boiled eggs and excellent noodle dishes. There are a fair number of Chinese and Malav restaurants that serve a variety of meat and seafood dishes. A few trendy cafes and fast-food chains are found in the popular shopping areas.

Iban cuisine can be sampled in longhouses. A popular dish is pansuh where meat or fish, seasoned with herbs and lemongrass is cooked in bamboo over an open fire. There is also a wide variety of jungle vegetables such the fiddlehead ferns, midin and pucuk paku. Fresh-water fish is often cooked in a soup with local eggplant (terung Dayak), lemongrass or turmeric leaves.

A much sought-after delicacy is the puffer fish (lagocephalus lunaris) known locally as ikan buntal which is fished from Batang Saribas. This delicacy is found mainly in Sapaoh where it is cooked in a curry or spicy tamarind sauce. It is also grilled, fried, smoked and preserved in salt. Despite its reputation, the locals know how to remove the toxin using the proper techniques to do so. The eggs of this fish are particularly sought after.

Another local favourite is the pipus which is minced fish wrapped in banana leaf and grilled. The District of Pusa is well-known for the production of gula apong (nipah palm sugar) typically used in desserts as well as a marinade for meat before grilling or roasting. A popular dessert is Kuih Berangin made from coconut and glutinous rice flour. Homemade pineapple tuak (wine) is also a speciality of Betong.









Gula Apong



ATTRACTIONS **BUKIT SADOK**



Situated 3,000ft above sea level, Bukit Sadok, the stronghold of Rentap, a formidable Iban chief, is steeped in history and also the spot where three major battles between Rentap and the Brooke administration took place from 1857 through 1861.

Rentap's fort at Bukit Sadok was regarded by the Ibans as a sacred place. The hill takes about 3 hours to climb and the steep trail leads through a dense forest which is home to unique plant life such as rafflesia (the world's largest flower) and pitcher plants. The summit offers views of the vast Iban hinterland, the Saribas plains and the South China Sea.

From Betong town, visitors can use local transportation which costs RM10 per person (one way). If driving, follow the signs from Betong to the Mid Lavar Rural Transformation Centre and head towards the Jambu Kerampak longhouse, the last longhouse before Bukit Sadok. It is highly recommended to use the services of a local guide (RM10 per person).

Contact No :

Resident Office Betong: 083-471814 (Mr Douglas Amut) Fax: 083 - 472966 Email: douglaa@sarawak.gov.my

ORT LIL



Fort Lily which was constructed in the year 1858 is the oldest fort built in Sarawak. It had been rebuilt many times through the years. Made entirely of belian (ironwood) it features a two-tiered roof. Built to commemorate the surrender and handing over of Betong to the second Rajah by the Sultan of Brunei, it was later used to defend attacks by Rentap and his followers.

The Fort was gazetted under The Antiquities Ordinance in February 1971. Situated right in the middle of Betong Old Township, it is not open to visitors as it is due to undergo major conservation and preservation works. Visitors can still access the grounds and explore the external surroundings.

Contact No Betong District Council

Tel: 472684.



Throughout the hinterland of Betong, there are dozens of longhouses dating back as far as the turn of the century. Many are found along the Paku River which is a small tributary of the Batang Saribas.

NANGA SAMU, SG PAKU



Nanga Samu built approximately 80 years ago offers overnight stays (RM50 a night).

Traveller Experience :

This long house located at Ulu Paku, Debak. This longhouse still keeping the original Iban longhouse design which are made of tebelian and Iban wood carving. Once tourist set their foot in this longhouse, they will be greeted by the skull or antu pala of beheaded enemies that are kept as throphy by Iban warrior.

How to get there :

From Betong Town Tourist are advised to contact Betong Resident Office / Betong District Office to discuss and inform the headman before visiting the long house

Contact No :

Resident Office Betong: 083-471577 (Mr Lister Clement Guwie) Fax: 083 - 472966 Email: listercg@sarawak.gov.my



MATOP LONGHOUSE, SG PAKU



Also along the Paku River, Matop longhouse (30km from Betong) is a 28 door longhouse is built on massive belian (ironwood) pillars A fascinating feature of this longhouse is the antu pala - skulls of fallen enemies hung from the ceiling. Overnight stays (RM50 a night) can be arranged through the Betong Resident's Office.

Contact No: Resident Office Betong: 083-471577 (Mr Lister Clement Guwie) Fax: 083 - 472966 Email: listercg@sarawak.gov.my



PANTAI TANJUNG KEMBANG



Situated in the middle of Kabong District, is the picturesque Tanjung Kembang beach (90km from Betong, 50km from the town of Saratok). Popular with the local community and visitors from afar, the surrounding area contains several villages and friendly communities.

The Tanjung Kembang Resort offers several chalets built along the lines of traditional Malay houses (RM80 a night).

Contact No : Saratok District Council Tel: 411267

Betong Resident's Office Tel: 472966



MALUDAM NATIONAL PARK



ocated 3km from Kampung Maludam, the Maludam National Park covers an area of 432 sq km which makes it the second argest in Sarawak. Gazetted to protect the peat swamp forest, it s the natural habitat of the red banded langur, proboscis monkey, silver langur, long tailed macaque and two species of hornbills, the plack hornbill and the oriental pied hornbill.

get to the National Park, visitors will have to bypass the town of Pusa and cross the Batang Saribas on a ferry before continuing Kampung Maludam. Visitors can opt to stay at the Kampung Aludam Homestay

Operation Hour :

Contact No : Maludam National Park :

Visitors can also book online www.sarawakforestry.com or contact Sarawak Forestry, Tel: 019 439 9118.

Kampung Maludam Homestay Haji Johnny, Tel: 013 562 3078



FORT RANEE 1888



Fort Ranee overlooks Saratok town. It was built in 1888 by the Brooke administration to replace Fort Charles which was destroyed in a landslide. The Fort served as an administrative office as well as a tax collection point. Built with belian (ironwood) and roofed with attap, it is still in a remarkable condition despite being built more than a century ago.

Contact No Saratok District Council Tel: 436104.



Manuk Pansuh

8.00am to 5.00pm, Monday – Sunday, includes Public Holidays



FORT CHARLES



Traveller Experience

The original fort built by Maxwell in 1878 collapsed after its beach front was eroded by the sea in 1893. Two years later in the present fort was built further inland as a replacement.

Like many other forts in Sarawak it houses various government departments and acts as an administration centre

Contact No:

Pejabat Daerah Kabong: En. Ahmad Sabree (083-411267) Fax: 083-411670 Email:ahmad.ss@sarawak.gov.my



MAKAM DAYANG TANDANG SARI



Traveller Experience : History

Situated approximately 90 km from Betong, at Kampung Kalok, the final resting place of Dayang Isah Tandang Sari is a much visited place by visitors from afar.

It is said that Dayang Tandang Sari was born in supernatural circumstances and grew to be a much loved young woman of unsurpassable beauty and her sweet voice would lure many admirers. She was married a Bruneian nobleman despite being in love with another. The marriage was not a happy one due to the jealous nature of her husband who accused her of being with her lover. In a jealous rage the husband killed her lover and she was inconsolable.

There are many versions of the legend on how Dayang Tandang Sari died - the most popular being that she revealed her to her husband that he could only kill her by strangling her with seven threads and she died at his hands. Today, her final resting place is visited by many people from near and far who have heard of the legend.

Contact No

Pejabat Daerah Pusa : En. Iszarul Japar (083-465130) Fax: 083-465441 Email:iszzrul@sarawak.gov.my



OTHER ATTRACTIONS WONG KERIBAU WATERFALL Ulu Rimbas, Debak



KAMIDAN JAYA LONGHOUSE



WONG KLANGSAU WATERFALL Ulu Awik Saratok



EVENTS KABONG KITE FESTIVAL



Kabong Kite Festival (March) – held at the Tanjung Kembang beachfront in Kabong, the event attracts kite enthusiasts from all over Sarawak. The spacious beach and steady winds allow kite liers and enthusiasts to enjoy the visual feast of twists and twirls by kites of all shapes and sizes.

Contact No : Kabong District Office Tel: 411267.

PUSA FESTIVAL



Pusa Festival (Pesta Pusa) (July) – this biennial event is held at the Malay village of Pusa by the Rimbas River waterfront. The Festival showcases the bountiful harvests by farming and fishing communities in the area.

Contact No: Pusa District Office Tel: 465130.



EXPEDITION TO RENTAP'S FORTRESS



Expedition to Rentap's Fortress (September) – the specially organised event aims to revisit the history surrounding the legendary Iban warrior, Rentap. The fortress and the settlement areas where the wars against the Brooke rule took place have always been revered by the Iban people.

The Expedition also introduces Bukit Sadok as an eco-tourism destination with its geology and unique flora and fauna. It is also an opportunity to discover many Iban settlements and longhouses in the vicinity. Visitors who wish to stay overnight on the summit, will have to bring food and tents.

Contact No : Betong Resident's Office Tel: 472866 Website : https://betong.sarawak.gov.my/



Sadok Hill Summit





Rentap Brass Cannon (Bujang Timpang Berang)



Stone used by Rentap to place his Cannon

BETONG FESTIVAL



Betong Festival (September) - an annual event held at the Betong New Township features water sports, cultural performances, singing competitions and various other activities. Visitors will find a variety of local delicacies such as suman or lemantak (sago mixed with squid/shrimp/stingray) grilled over fire.

The festival also hosts the biggest Dayak Music Festival participated by talented local singers and performers. There will be showcases of cultural performances such as ngajat, (traditional warrior dance) line dance and traditional Malay dance performances.

Contact No :

Betong Resident's Office Tel: 472866

Website : https://betong.sarawak.gov.my/

ULU PAKU MOUNTAIN BIKE JAMBOREE



Ulu Paku Mountain Bike Jamboree (October) – an annual extreme mountain bike challenge is held at Ulu Paku in the Bukit Saban

Contact No :

Betong Resident's Office Tel: 472866

Website : https://betong.sarawak.gov.my/

OTHER EVENTS BERAS WANGI FESTIVAL Lubok Nibong



BUNGIN FESTIVAL





ABOL

Located on the north-western shore of the Island of Borneo is Sarawak, the largest state of Malaysia. A beautiful land coloured in peace and tradition, Sarawak is a prime destination for travel nomads seeking untouched culture, exhilarating adventure and breath-taking nature.



Whether it is sharing in the lifestyle of one of the many indigenous communities' longhouses, exploring gigantic caves in the heart of the Bornean rainforest, or shooting the rapids on a swollen river, visitors will leave Sarawak having enjoyed a host of memorable experiences.



As a part of Malaysia, Sarawak is a peaceful and stable place for travel, suited for large groups or single travellers alike.

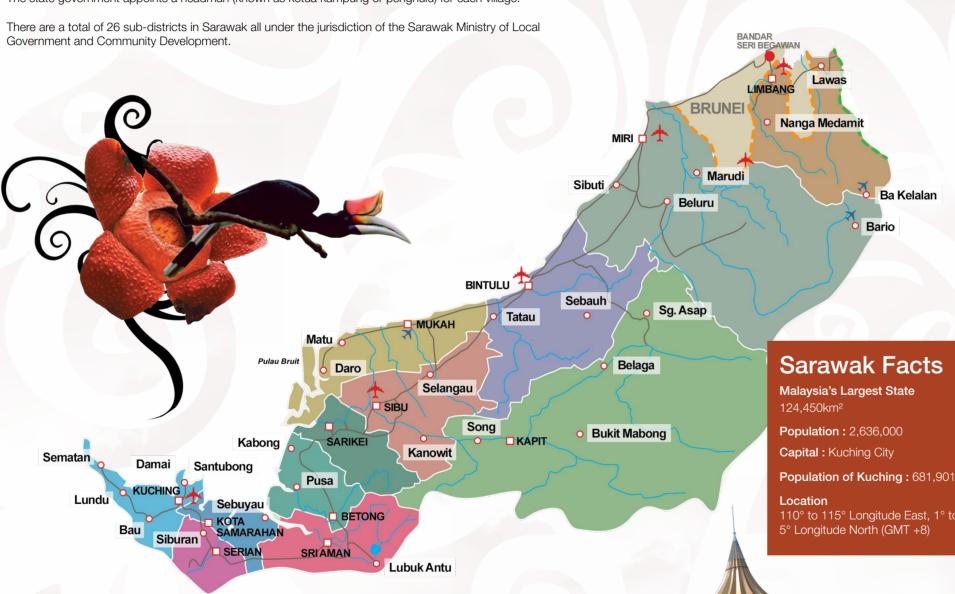
With thick jungles a few steps from luxurious resorts and modern amenities, it is the perfect location for a wide range of experiences. As these two worlds collide, the people of Sarawak meet in the middle, with a mixture of modern savvy and proudly-kept traditions, wild nature lining organised infrastructure and oldfashioned hospitality mixed with connectivity.

Revealing a side of Asia unlike anywhere else. Sarawak offers an alternative for those seeking humble authenticity far from the tourist-trap clichés, whether their visit to Sarawak is a complement to a trip to Peninsular Malaysia and neighbouring countries, or a journey of discovery all on its own.

SARAWAK MAP

Sarawak is divided into divisions, 12 in all, each headed by an appointed resident. A division is divided into districts, each headed by a district officer, which are in turn divided into sub-districts, each headed by a Sarawak Administrative Officer (SAO).

There is also one development officer for each division and district to implement development projects. The state government appoints a headman (known as ketua kampung or penghulu) for each village.



BETONG DIVISION



Betong Division includes the Districts of Betong, Saratok, Pusa and Kabong. The Sub-Districts under Betong District are Pusa. Spaoh, Debak and Meludam while those under Saratok District are Roban, Kabong and Budu.

The Division is located between three main rivers, Batang Lupar, Batang Saribas and Batang Kelaka. Betong is well-connected by regular bus and van services from Kuching and Sibu via the Pan-Borneo Highway. The main economic activities in the rural hinterland are agriculture, farming and fishing. Betong plays an important role in Sarawak history, as this is where many of the wars and protests against the Brooke administration took place.

Notes:

Ba Kelalan

Bario

The area code for all telephone numbers in Betong, unless otherwise stated is. 083 from outside the area and +6083 from overseas. For mobile phones add +6 for international dialling followed by the number.



Betong Old Town

People



The residents of Betong are predominantly Malay and Iban but the ethnic mix is as varied as it is elsewhere in Sarawak with communities of Chinese, Bidayuh and other minority ethnic groups. While the Malays are mostly found along the coast, the Ibans are scattered throughout the hinterland with many of them living in traditional longhouses.

Visitors can enjoy spontaneous longhouse hospitality at its best with overnight stays. Although many of the younger generations have moved into towns, the longhouses are still their ancestral homes where the inhabitants are mainly farmers who cultivate rice and a variety of crops.



Betong Landmark

BETONG DIVISION PROFILE

Total Area	4,180.8 square kilometres	
Major Ethnic Group	Malay, Iban, Chinese	
Major Languages	Malay, Iban, Chinese	
Major Religions	Islam, Christian, Buddhist	

DISTANCE FROM BETONG TO MAJOR DESTINATIONS

Destinations from Betong	Distance	Travelling Duration
Kuching International Airport	270KM	5 hrs
Kuching Central Bus Terminal	270KM	5 hrs
Sibu Airport	225KM	2.30 hrs
Sibu Bus Terminal	230KM	2.30 hrs

HOW TO GET TO BETONG

From Kuching:

Using Borneo bus Company from Kuching Central Terminal RM35.00 per pax (082-531312) Van: RM40.00 per pax (Mr. Lipa: 016-8881448; Mr. Usit: 019-8685928)

From Sibu:

Using Borneo bus Company from Kuching Central Terminal RM30.00 per pax (084-33 4521)